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## WORK, ENERGY AND POWER

### Concept of Work

When a force  $\vec{F}$  causes a displacement  $\vec{s}$ , the work done is given by:

$$W = \vec{F} \cdot \vec{s} = F s \cos \theta$$

Here,  $\theta$  is the angle between force and displacement. Work is a scalar quantity with SI unit Joule (J).

### Work by Gravity

- Moving upwards:  $W = -mgh$
- Moving downwards:  $W = +mgh$

### Work by a Variable Force

If force varies with position:

$$dW = \vec{F} \cdot d\vec{s}, \quad W = \int_i^f \vec{F} \cdot d\vec{s}$$

### Work-Energy Theorem

Net work done equals change in kinetic energy:

$$W_{\text{net}} = \Delta K = K_f - K_i$$

### Kinetic Energy

Energy due to motion:

$$K = \frac{1}{2}mv^2$$

### Potential Energy

- Gravitational:  $U = mgh$
- Elastic:  $U = \frac{1}{2}kx^2$

### Types of Forces

**Conservative:** Path-independent work, e.g., gravity, spring force.

**Non-Conservative:** Path-dependent work, e.g., friction.

### Conservation of Mechanical Energy

If only conservative forces act:

$$E = K + U = \text{constant} \quad \Rightarrow \quad K_i + U_i = K_f + U_f$$

### Power

Rate of doing work:

$$P = \frac{dW}{dt} = \vec{F} \cdot \vec{v} = Fv \cos \theta$$

SI unit: Watt (W). 1 hp = 746 W.

### Impulse

$$\vec{I} = \int_{t_i}^{t_f} \vec{F} dt$$

## Impulse-Momentum Theorem

$$\vec{I} = \Delta\vec{p} = \vec{p}_f - \vec{p}_i$$

## Conservation of Linear Momentum

If  $\sum \vec{F}_{ext} = 0$ :

$$\vec{P}_{initial} = \vec{P}_{final}, \quad \sum \vec{p}_i = \sum \vec{p}_f$$

## Collision

- **Elastic:** Momentum and kinetic energy conserved.
- **Inelastic:** Momentum conserved; kinetic energy not conserved.

## Coefficient of Restitution ( $e$ )

$$e = \frac{|v_2 - v_1|}{|u_1 - u_2|}$$

- Elastic:  $e = 1$
- Perfectly inelastic:  $e = 0$
- Inelastic:  $0 < e < 1$